Breastfeeding Record

MUSC LACTATION SERVICES 843-792-0780

Congratulations on the birth of your new baby! It will be helpful for you and the nursing staff if you would please begin to record the date, time and total number of minutes each time the baby nurses. Also it is important to record the number of stools and wet diapers. Thank you!

Date	Time	# of Minutes	Infant Stools	Wet Diapers	Comments/Concerns

Days 1-2: Baby should nurse about 6 times in 24 hours. Look for at least 1 wet diaper a day and one stool by 48 hours.

After your milk comes in: Baby should nurse at least 8 times in 24 hours. Look for at least 5-6 wet diapers and 1-3 stools in 24 hours.

Nurse you baby when he is hungry (sucking on his hands, licking his lips, rooting or fussy). Babies breastfeed better when they room-in with their mothers.

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MEDICAL UNIVERSITY OF SOUTH CAROLINA

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