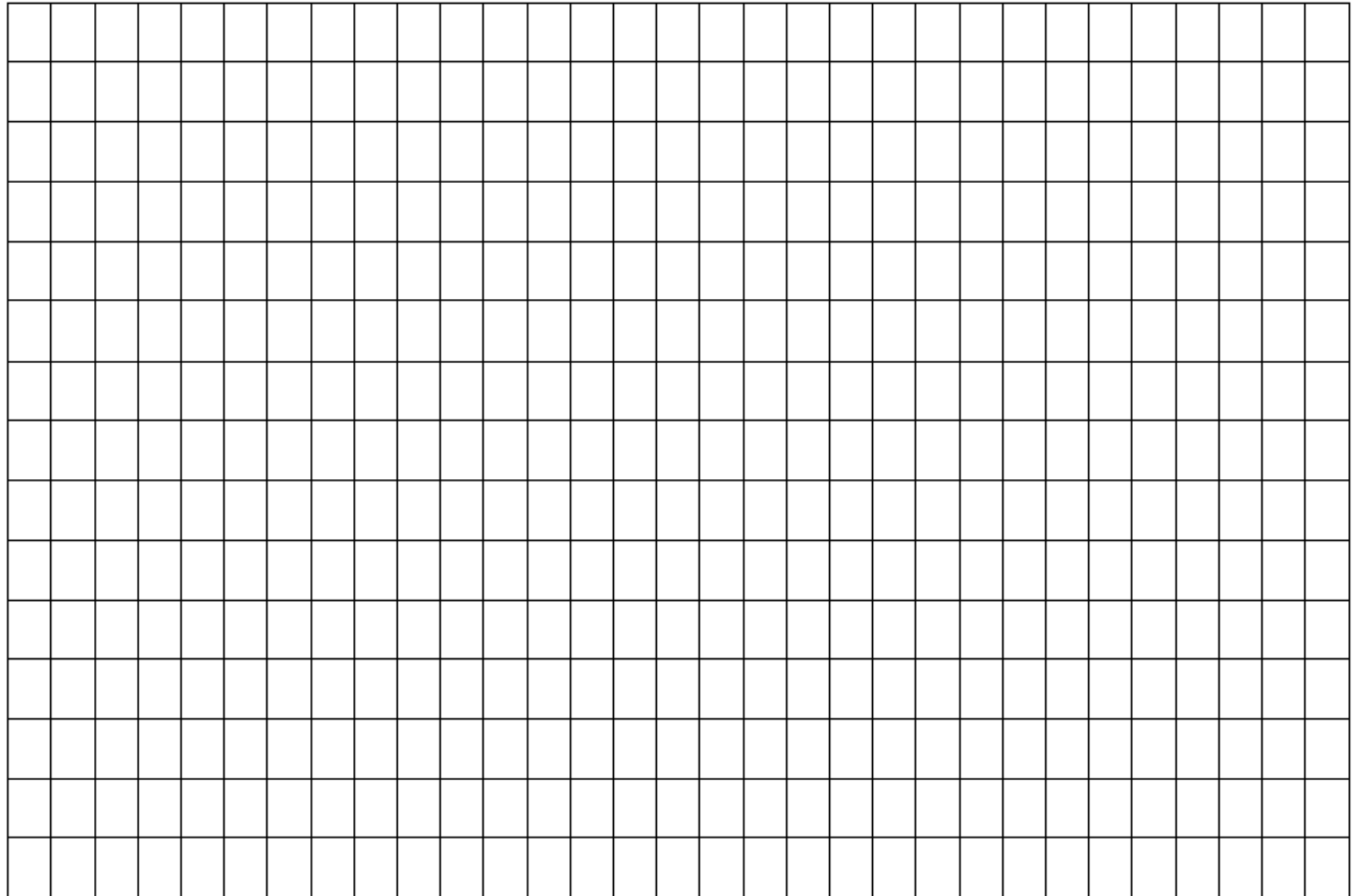


MUSC Weight Management Center (843) 792-2273

Weight in Pounds ---->



1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31

Date ----> Month _____ Year _____ Name _____