

Lose Weight with PRE-TAX \$\$\$!



You can probably use money in your Medical Spending Account, Health Savings Account, or Flexible Spending Account to pay for our professional weight loss programs. Check with your MSA, HSA, or FSA carrier for details.

IRS Publication 502, *Medical and Dental Expenses* (2009 version):

"Weight-Loss Program

You can include in medical expenses amounts you pay to lose weight if it is a treatment for a specific disease diagnosed by a physician (such as obesity, hypertension, or heart disease). This includes fees you pay for membership in a weight reduction group and attendance at periodic meetings. You cannot include membership dues in a gym, health club, or spa as medical expenses, but you can include separate fees charged there for weight loss activities."

This could save you 20-30%!