

## MUSC Institute of Psychiatry: Youth Inpatient Unit

### Youth Inpatient Psychiatry Unit Features

- Brief crisis stabilization for children ages 5 through 17 with acute psychiatric, emotional and behavioral issues
- JCAHO accredited highly structured, secure, locked unit with a fixed therapeutic schedule
- Thorough evaluation and treatment by a multidisciplinary treatment team, including the attending physician, resident psychiatrist, clinical social worker, nursing staff, special ed teacher and other therapeutic personnel
- Treatment plans include family communications and coping skills, and coordination with outpatient providers after discharge
- Youth in crisis situations, at risk to themselves or others, stay an average 5 days learning new coping skills
- Patients come from across South Carolina with a goal to help patients return to their families as soon as possible

### Patient Profile

- Patient in imminent danger of harm to self or others
- Patient experiencing psychotic or other symptoms requiring an inpatient evaluation
- Patient has complicated medical/medication issues that cannot be safely addressed outside of hospital setting
- Patient has serious problems that have not been helped despite reasonable attempts at outpatient treatment

### Why Refer to MUSC Youth Inpatient Unit

- Extensive experience of senior clinical staff whose focus is inpatient care
- 24-hour in-house physician coverage
- Extensive physician time with patients and their families under close supervision by attending M.D.
- Daily contact with parents/guardians by residents
- Consultation with MUSC world-class physician specialists and access to medical tests if needed

- School provided week days with a certified Charleston County special education teacher
- A welcoming environment for children and families

### Our Senior Team



**Matthew Koval, M.D.**, Attending Physician, Board Certified in Child & Adolescent Psychiatry, with 15-plus years of youth psychiatry attending experience



**Rabiya Hasan, M.D.**, Attending Physician, Board Certified in Psychiatry, with six-plus years of experience

**Karen McHugh, RN**, Nurse Manager, with 20-plus years of nursing experience

**Mary Lou Shoemaker, MSW**, with 30-plus years of social work experience

Plus an interdisciplinary team of child psychiatry fellows, resident physicians, registered nurses, social workers, recreational therapists, teachers and other clinicians trained in child and adolescent care

### Inpatient Admission Contact Information

843-792-9888

MUSC Institute of Psychiatry

67 President St.

Charleston, SC 29425

For Children's Day Treatment (STAR and IMPACT) or other Child & Adolescent outpatient information, call 843-792-9162