

## MUSC Institute of Psychiatry: Seasons Intensive Outpatient and Partial Hospitalization Program

### Seasons Features

- Seasons is an outpatient program that offers group therapy for mature adults over the age of 40 who are experiencing significant difficulty with anxiety, depression, bipolar disorders, unresolved grief, or psychosis as part of schizoaffective or schizophrenic disorders.
- Most of our patients attend three group therapy sessions a day and may attend for two to five days each week. Length of treatment in the program is tailored to each individual and determined collaboratively between the patient, therapists and doctor.
- While patients do have individual sessions with our psychiatrist and their assigned therapist, the program is focused on group therapy.
- Groups, family meetings, and individual therapy sessions occur between 9 a.m. and 1:30 p.m. Lunch is provided.
- Seasons is able to provide limited transportation services on a case-by-case basis and to help make arrangements for other transportation services when possible.
- Families are also encouraged to attend periodic family sessions, which are scheduled as needed.

### Patient Profile

- Step down from inpatient care
- Patient prefers outpatient treatment and can be treated safely outside the hospital
- Patient not responding to traditional outpatient treatment
- Patient at risk for relapse or readmission
- Capable of participating in groups
- 40-plus years old

### Why Refer to Seasons

- Safety and support network
- Allows patients to return home in evenings
- Season accepts most major insurances including Medicare and Medicaid. Can usually bill out-of-network benefits if not in-network
- Program draws patients from all walks of life and varied experiences

### Our Team



**Jessica Broadway, M.D.**, Attending Physician, Board Certified in Psychiatry and Geriatric Psychiatry, with 9-plus years of experience

**Cheryl Solesbee, MSW**, with 20-plus years experience

**Susan Stencer, MSW**, with 20-plus years experience

**Brian Reed, MSW**, with 14-plus years experience

**Linda Thomas, MSW**, with 36-plus years experience

### Seasons Admission Contact Information

**843-792-5567**

Suite 201, McClellan Banks Building  
Located at the intersection of McClellan Banks Drive  
and Charleston Center Drive

For information on inpatient admissions,  
call 843-792-9888.