

MUSC Institute of Psychiatry: Outpatient Resources

General Psychiatric Clinic — 67 President Street

The Clinic on 5 South is designed to allow patients to see a nationally recognized team of psychiatrists at a leading academic medical institution. These include resident physicians under the close supervision of attending physician, M. Frampton Gwynette. Psychotherapy and medication management is available.

Behavioral Medicine Clinic — 67 President Street

The Behavioral Medicine Clinic is a treatment program for the management of various medical problems that have behavioral components including: chronic pain, headache, back pain, irritable bowel syndrome (IBS), fibromyalgia; sleep problems; hypertension; smoking. The clinicians typically work closely with the primary physician to provide comprehensive behavioral-health services including: relaxation training; biofeedback; and Behavioral and Cognitive Therapy (BCT); hypnosis. Treatment typically involves six to 12, 30-minute visits.

West Ashley Behavioral Health Clinic — 2125 Charlie Hall Boulevard

MUSC offers outpatient psychiatric services for children, adolescents and adults in a convenient suburban location. The team of board certified physicians and therapists treat ADHD, autism, drug and alcohol dependence, depression, and mood, anxiety and eating disorders.

Center for Drug and Alcohol Programs (CDAP) Clinic — 67 President Street

Psychiatric medical assessments are made by board-certified and addiction-trained physicians. Medication management for anti-craving medications as well as psychiatric medications is provided. Individual counseling enables patients to focus on substance abuse issues in a private, confidential, and highly individualized setting. Also offered are: group counseling; an intensive outpatient program; opiate dependence treatment; dual diagnosis; and interventions to assist family members in approaching loved ones with substance abuse disorders who may still be in denial and fail to recognize the need for treatment. Walk in clinic on 5North is open Monday-Friday 9:00 a.m. to noon.

Geriatric Outpatient Clinic — McClennan Banks Drive and Charleston Center Drive

The outpatient clinic is staffed by board-certified psychiatrists who have completed additional training in geriatric psychiatry, ensuring the highest quality of care. As part of a teaching hospital, the clinic also provides attending physician-supervised care through fellows, who are completing their specialty training. Initial consultations, evaluation, diagnosis, and follow-up medical management of various emotional, cognitive, and behavioral issues are offered. As indicated, staff will refer patients for neuropsychological (or memory) testing, other medical tests, electroconvulsive therapy, and outpatient psychotherapy.

Seasons Intensive Outpatient and Partial Hospitalization — McClennan Banks Drive and Charleston Center Drive

Seasons is a unique program, which offers both partial hospitalization and intensive outpatient programming. The program is designed for mature adults 40+ with psychiatric illnesses as an alternative treatment when traditional outpatient

care is not working, but inpatient treatment is not required or desired. Treatment focuses on group therapy and is offered during the daytime, allowing the patients to spend the evening at home. These intensive outpatient services provide the most thorough, state-of-the-art care, treating the full range of psychiatric illnesses such as depression, bipolar disorder, schizophrenia and anxiety disorders.

Sleep Center— 96 Jonathan Lucas Street

Sleep Center focuses on sleep disorders including obstructive sleep apnea, snoring, upper airway resistance syndrome, narcolepsy, insomnia, restless leg syndrome, and sleep related problems. A multidisciplinary approach is taken in the evaluation of patients with specialists from Otolaryngology (ENT), Neurology and Psychiatry. The 8-bed facility is designed to meet the rigorous standards of the American Academy of Sleep Medicine.

National Crime Victims Research & Treatment Center — 67 President Street

NCVC offers a variety of specialized, evidence-based assessment, intervention, and treatment services to adult and child victims of violent crime and their families, as well as victims of other forms of trauma, such as automobile accident, house fire, industrial accident, and natural disaster.

Youth Outpatient Clinic — 67 President Street

The clinic serves children and adolescents up to age 18 years old with emotional and behavioral disorders including ADHD, anxiety, mood and adjustment disorders. A multidisciplinary team of child and adolescent psychiatrists, child psychiatry fellows, psychiatry residents and social workers staff the clinic to provide evaluations and individualized treatment. The clinician works closely with the school and other agencies involved in the child's care. Individual, family, and group therapy and medication management are offered.

Children's Day Treatment — 67 President Street; 3870 Leeds Avenue, No. Charleston; 3495 Iron Horse Dr., Ladson
The IMPACT (Innovative Models for Parent and Child Treatment) Program offers treatment to preschool-age children with extremely disruptive behaviors at home or in daycare. Using age-appropriate activities, clinical counselors work closely with patients to modify emotional and behavioral responses. Treatment occurs in a school-like setting. Extensive work with the family members is a key offering of this program. STAR (Stabilization - Treatment - Assessment - Reintegration) outpatient treatment and partial hospitalization for children and adolescents with serious behavioral and/or emotional difficulties in a structured and therapeutic environment. Children remain in the program throughout the day, receiving treatment in a group setting.

Weight Management Clinic — 67 President Street

Specialists at the MUSC Weight Management Center understand the complexity of weight loss. A team of physicians, psychologists, dietitians and exercise physiologists work together, using their diverse knowledge to help clients reduce excess weight. MUSC is an academic medical center so patients benefit from the most current and safe weight management programs, medicines and advances through research. The program is based on the ABCD'S of lifestyle change: Activity changes, Behavioral changes, Cognitive (Thinking) changes, Dietary changes and Support systems.

Outpatient Admission Information

843-792-9162

For Inpatient Program assessment and admissions, call 843-792-9888