

MUSC Institute of Psychiatry Center for Drug and Alcohol Programs (CDAP) Outpatient

CDAP Outpatient Program Features

- Treatment programs for adults and adolescents suffering from addiction to drugs and/or alcohol
- Harm reduction programs to prevent heavy substance use and future substance-related problems
- Prevention programs to educate adults, adolescents, and their families and teach skills that help prevent future substance use and related negative consequences
- Individual, family, group, and intensive outpatient program options for individuals who have recently completed a detoxification program
- Thorough initial evaluation by a psychiatrist, licensed clinical psychologist, or counselor
- Evidence-based treatment modalities, including cognitive-behavioral therapy, motivational interviewing, twelve-step facilitation, and medication management
- Four-week Intensive Outpatient Program groups meet each weekday from 9:00 a.m. – noon, and on Wednesday evenings for ongoing Relapse Prevention groups
- Buprenorphine (Suboxone) Maintenance Clinic for opiate dependent patients
- Confidential addictions evaluations and treatment for medical and legal professionals
- Brief preventive interventions for adolescents to satisfy Pre-trial Intervention requirements
- Biomarker tests for drug use and excessive alcohol consumption or to verify self-report of use
- Urine drug screens for recent substance use
- Interventions to help family members, friends, employers and co-workers motivate addicted persons to seek treatment.
- Relapse prevention planning
- Coordination with Recovering Professionals Program (RPP)
- Women's and Men's support groups

Patient Profile

- Anyone suffering from chronic addiction to drugs and/or alcohol -or- early indications of problematic substance use, to prevent escalation use and future negative consequences
- Using alcohol or cigarettes while under the legal age
- Seeking to quit smoking or using nicotine products
- Needing substance use screening, assessment, and evaluation

for transplant candidacy, legal problems, fitness for duty evaluation or employment purposes

- 13-plus years old

Why Refer to CDAP

- Highly skilled psychiatrists, licensed clinical psychologists and counselors that use a variety of proven medical, behavioral and psychological interventions
- Comprehensive and individually tailored program incorporates education, motivational enhancement, recovery skills, and relapse prevention
- Multiple treatment modalities, such as individual, family, and group psychotherapy
- Treatment of co-occurring substance-related and other underlying psychiatric concerns that contribute to or result from substance use (e.g., anxiety, depression, behavioral problems)
- Access to on-site inpatient facility for detoxification and crisis stabilization
- Spectrum of treatment options to meet patients ranging from mild to severe substance use problems
- MUSC CDAP's Charleston Alcohol Research Center is one of only 15 National Institutes of Health funded alcohol research centers
- Internationally recognized research for discoveries and advanced treatments, including brain imaging, genetics and behavioral pharmacology.
- Consultation with MUSC world-class physician specialists with access to medical tests when needed.

CDAP Outpatient Admission Contact Information

843-792-9162

MUSC Institute of Psychiatry
67 President Street
Charleston, SC 29425

For CDAP inpatient information,
call 843-792-9888.

Our Team

Hugh Myrick, M.D., Medical Director of CDAP. Areas of expertise include pharmacological treatment of addictive disorders, anticonvulsant agents in the treatment of alcohol withdrawal, alcoholism, and cocaine dependence, and use of neuroimaging to determine the neuronal networks associated with craving

Joshua Smith, Ph.D., Program Director, Licensed Clinical Psychologist. Specialties include substance abuse screening, assessment and evaluation, brief interventions, motivational interviewing, and treatment of substance use and co-occurring anxiety and mood disorders

Sarah Book, M.D., Board Certified in General Psychiatry and Addiction Medicine. Specialties include addiction medicine, pharmacotherapy of alcoholism, opiate replacement therapy, and treatment of co-occurring alcohol and anxiety disorders

Geoffrey Cheek, MSW, Licensed Independent Social Worker. Specialties include opiate dependence treatment, family therapy, treatment of substance use and co-occurring disorders, and interventions for loved ones with substance abuse or dependence

Viktoriya Magid, Ph.D., Clinical Psychologist. Specialties include treatment of substance use and co-occurring disorders in adolescents, young adults, and women

Stephen McLeod-Bryant, M.D., Board Certified in Psychiatry. Specialties include addiction medicine, opiate replacement therapy, treatment of serious mental illness, and treatment of substance use and co-occurring disorders

Darlene Moak, M.D., Board Certified in Psychiatry and Addiction Psychiatry. Specialties include addiction medicine, opiate replacement therapy, and treatment of substance use and co-occurring disorders

Austin O'Malley, MA, Licensed Professional Counselor. Specialties include opiate dependence treatment, couples therapy, grief counseling, and treatment of substance use and co-occurring disorders

Robert Raynor, MS, CTRS, Recreation Therapist. Specialties include leisure skills and fitness for individuals with substance use and co-occurring disorders