

Mammography (Mammo/Mammogram) Appointment Scheduling Information for Adult Patients

Patient Name: _____ MRN: _____

Date of Mammogram: _____ *Arrival Time: _____ Time of Mammogram: _____

Type of Mammogram: _____

- Screening Mammogram
- Diagnostic Mammogram
- Breast Ultrasound
- Biopsy Procedure

Location of Mammography Appointment: Rutledge Tower, 1st Floor, Suite 162 (see directions page 2)
 Hollings Cancer Center, 2nd Floor (see directions on page 2)
 Hollings Cancer Center, 3rd Floor (see directions on page 2)

If no proof of insurance is present, a visit deposit will be required in the amount of \$_____.

***Note:** To allow for the completion of necessary information before your scan, please plan to arrive in the reception area at the arrival time above. For questions about your Mammography appointment, please contact our office at 843-792-8439. This time has been reserved for you. If you need to reschedule or cancel this appointment, kindly give us 24 hours notice.

A Checklist for Mammography Patients

Our goal, in Radiology services, is to provide you with the best possible information in order to prepare you for your scheduled Mammogram. Please read the following information carefully and contact our office with any questions.

- The "arrival time" stated above should be **15 minutes prior** to your "time of exam." It is important that you arrive early to allow our staff to complete necessary information before your Mammogram. Please be prepared to wait or reschedule your Mammogram **if you are late.**
- For your mammogram, it is important that you do not wear deodorant or powder as this may interfere with your exam.
- You will be more comfortable during your Mammogram if you wear a two piece outfit to your appointment.
- Mammogram exams take 20 minutes to an hour to complete depending on the type of exam. You will be asked to remain still during the exam.
- You may be asked to wait while the radiologist reviews your images before leaving in case additional images are required.

Possible Restriction that may prevent you from having a Mammogram

If you are pregnant or think there is a chance you are pregnant, there may be a potential risk to the fetus, especially in the first trimester of the pregnancy. If a woman is pregnant, she should inform her doctor of her condition and discuss if other potential methods of testing might be more appropriate.

*The above item may restrict our ability to perform a Mammogram. If you have questions, please contact your ordering doctor or our scheduling office at 843-792-8439.

Where is my appointment and how do I get there?

Rutledge Tower, 1st Floor

(Traveling from the 1st or 2nd floor of the Ashley-Rutledge Parking Garage)

- Parking is available in the Ashley- Rutledge Garage, accessible from Ashley and Rutledge Avenues.
- You may enter Rutledge Tower on the second floor connector from the garage or by crossing the surface lot located on the first floor.
- Radiology is in Suite 162 of Rutledge Tower.
- Valet Parking is available for a fee of \$4 and accessed via Rutledge Avenue.

Hollings Cancer Center

(Traveling from Jonathan Lucas Parking garage and G-Lot)

- Come down Jonathan Lucas Street to Hollings Cancer Center (96 Jonathan Lucas St.)
- Enter front door to main lobby
- If you are scheduled for a diagnostic Mammogram, take the elevator to the third floor to the first registration desk on your left to register
- If you are scheduled for a screening Mammogram, take the elevator to the second floor to register (registration straight ahead).
- Daily Valet parking available in front of HCC for \$2.00.

If possible, please do not park in the Ashley-Rutledge Garage

A Note to Patients Regarding Parking: Mammography services are provided in two locations. For your convenience, informed staff is located at all of our main entrances. Our staff is eager to help you in reaching your destination in a timely manner. Please note, our facility is large and often a significant amount of walking is required to reach your appointment location. Handicap parking is available in all patient parking garages as well as the G-Lot and Rutledge Tower surface lot. Should you require assistance in moving throughout our campus, please request help at the information desk located at each main entrance or contact 843-876-0411.

* Effective November 2007, our entire Mammography Center will be located in the Hollings Cancer Center. All mammograms, (screening, routine and diagnostic), will be performed in this location.

Frequently Asked Questions & Answers

1. **What is the difference between a screening and diagnostic mammogram?** A screening mammogram is a routine yearly checkup for patients that are not having any breast problems. A diagnostic mammogram may be performed for several reasons. Those reasons are to follow a patient's personal history of breast cancer, returning for a short term follow up, or they are having problems with their breast.
2. **What is the protocol if additional imaging is required after a screening mammogram?** All abnormal results are called to the requesting provider's office. A letter is then mailed from our department to the patient regarding the abnormal results. The provider contacts the patient regarding the additional testing that is being requested by the radiologist.
3. **Is a Mammogram safe for me?** Mammograms are relatively safe and use radiation to acquire images of the body. The key to having a Mammogram is holding very still – like a statue. You will be positioned in a device to keep your breast in place for images to be taken. If you are pregnant, make sure your doctor ordering the exam knows. You and your doctor can then decide if you should have the Mammogram or not. Our technologist will make sure you are as comfortable as possible during the exam. Please notify your doctor immediately if you feel the Mammogram may be difficult for you.
4. **How often should I receive a Mammogram screening?** Screening mammograms are important for early breast cancer detection. The American Cancer Society recommends mammogram screening every year for all women age 40 and older. The National Cancer Institute recommends mammogram screening every 1 to 2 years for women age 40 and older. Women should discuss with their physician how often to receive mammograms. Recommendations vary depending on personal risk factors such a strong family history.