

MICU HEALTH CARE TEAM

We have an entire team to help you during your loved one's stay at MUSC. Our team includes Attending Physicians, Fellows, Residents, Registered Nurses, Respiratory Therapists, Patient Care Technicians and Unit Secretaries.

In addition, a variety of specialists may also help care for your loved one including Therapeutic Services, Case Managers, Dieticians, Pharmacists, and Social Workers.

SERVICES

Guest Services are available to assist with parking, finding a hotel room, or dining options.

Chaplain Services are available at any time to help with prayer and support, as well as assist with Advance Directives.

We also offer Interpreter Services and Patient Liaison Services as well.

If you would like to speak with any of these services please ask your loved one's nurse, or you may call 792-2123 and ask to have someone paged.

PARKING

MUSC Garage-On Jonathan Lucas St., across from the MUSC entrance. Garage entrance located at the four-way stop at President and Jonathan Lucas St.

Ashley Rutledge Garage-On Ashley and Rutledge, across from the Storm Eye and Children's Hospital entrance.

DINING

The cafeteria has a variety of options and is located on the 1st floor. Starbucks Coffee is also located on the 1st floor.

What You Can Do

- Become familiar with the people involved in your loved one's daily care.
- Share information about your loved one, including past and present health problems, medicines used at home, drug and alcohol use, and allergies.
- Make sure the staff knows how to reach you at all times.
- Understand your rights, as well as your loved one's rights.
- Understand that you are part of the team and we welcome your input and participation.

And Remember.. Take Care of Yourself

We understand that you wish to spend time with your loved one and we welcome your presence. It may be hard for you to leave, but it is important that you remain healthy and rested too, as your support and caring are essential to your loved one.

Please take care of yourself while your loved one is in the hospital. Try to eat regular meals and get adequate rest, so that you may better support and advocate for your loved one.

MICU Nurse Manager

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Medical Intensive Care Unit (MICU)

FAMILY & VISITOR GUIDE

Welcome to the Medical Intensive Care Unit at the Medical University of South Carolina.

Our multi-disciplinary team provides a specialized healing environment for patients who require critical and advanced treatment.

We welcome family members in the unit, and value your participation.

This brochure will help you understand the care that your loved one is receiving while in the MICU, as well as provide general information about our unit.

MICU Family and Visitor Guide

In the MICU, we are committed to providing your loved one with the best care possible. This includes, not only our clinical expertise, but a wide variety of things meant to promote healing. We also understand the anxiety that an ICU stay may cause, and our goal is to give you access to your loved one in this time of need as much as we possibly can.

One of the first things we will ask you to do is to choose one **family spokesperson**, to be the contact person between the nursing staff, family and friends.

The spokesperson will be given a 'code', which is a number. This code is used to protect the privacy of our patients.

YOUR CODE # is _____

MICU Phone Number:
(843)792-2511

If you are away from the unit and would like to check on your loved one, please the number listed above, and provide your code number. Please do not share the code with anyone outside your family.

It is best if the family spokesperson calls for updates, and shares those with family and friends.

For the safety and care of all our patients, we ask that you please follow these guidelines when visiting:

- We limit visitation during change of shift: 7am-8am and 7pm-8pm. The nursing staff needs this time to share information with one another that is essential for the care of our patients.
- There may be times when we need to limit visitation. We ask for your patience during these times, and we will let you visit as soon as possible.
- Before entering the unit or your loved one's room, please wash your hands or use the hand sanitizer.
- To enter the unit, please press the door bell and wait for confirmation.
- Visits by children less than 12 years of age need to be coordinated first with the doctor or nurse, and all children need to be accompanied by an adult.
- Please limit visitors to two at a time.
- Please no eating or drinking in the patient rooms. Light snacks and covered drinks are allowed in the Family Welcoming Room.
- Please keep cell phones and pagers on vibrate.
- Please no live plants or latex balloons.

- Family and visitors with a cold, fever, or other communicable illness should delay visiting until they are well.
- Please no overnight guests in the patient rooms. It may be hard for you to leave, but it is important that you remain healthy and rested too!
- If your loved one is on 'isolation', please ask the nurse what special rules may apply.
- To maintain patient privacy, congregating in the hallways is discouraged.
- Please dim lights and speak in a low voice—especially at night
- Each room is equipped with a CD player. We have a selection of relaxing music, or feel free to bring something from home (please be sure it is something your loved one would like and that it is soothing)
- To promote a healing environment, we designate 2pm-4pm and 2am-4am each day as 'quiet time'. During this time, we try to minimize procedures and stimulation. Please help us support this.
- Please wear your visitor's badge at all times when you are on the unit. You can pick up a visitor's badge at the first floor information desk.