



Dietetic Services Newsletter

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Events Calendar:

Nov 9

"Extra to Ordinary" Bake Sale

Nov 11

Veteran's Day

Nov 11-13

Sodexo Regional Meeting

Nov 12-14

Dietitians' Forum on Diet Therapies for Epilepsy

Nov 26

Thanksgiving

Patient Room Service Begins

The first "***At Your Request®***" patient room service tray was delivered to a patient in the University Hospital during the last week of October.

Ashley River Tower patients have been enjoying room service since their opening almost two (2) years ago. Now, all MUSC patients can enjoy ordering "what they want when they want it."

Before implementing the new service hospital wide, a two (2) day pilot program was conducted to ensure all systems were in place.

We greatly appreciated the three units (7 A, 5 East, & 10 West), who graciously participated in the pilot AYR program.



Becky Stephens, Dietary Hostess, delivers the first patient room service tray to a new mom on 5 East.

TAKING ALL CALLS



The Ashley River Tower and the University Hospital diet offices have joined together to create one central location where **ALL** MUSC patients call to place their menu orders.

The Centralized Call Center representatives will process approximately 400 – 500 calls per day. Patients, who need assistance selecting their menu, will be visited by a representative daily. All meals will be delivered within 45 minutes after the ordered is placed.

Serving patients better is our goal!.

Clinical Services

Dietitians Present at M.A.S.P.E.N.



Emily Chapman and Jennifer Franks presented at M.A.S.P.E.N.

The 24th Annual Mid Atlantic Society for Enteral and Parenteral Nutrition (MASPEN) Conference was held in Charlotte, N. C. on October 9th and 10th.

MUSC and Sodexo were well represented at this year's conference. Dr. Mark Delegge spoke on *"Dietitian Leaders in Clinical Medicine"* while Clinical Dietitians, Jennifer Franks and Emily Chapman, led roundtable discussions. Jennifer led four roundtable discussions on the topics of *"Pediatric PN 101"* and *"Role of Fiber in the Nutrition Care of the Critically-Ill Pediatric Patient"*. Emily led two roundtable discussions on the *"Nutritional Issues during Acute"* and *"Chronic Stages of Solid Organ Transplant"*.

The information presented at the conference will be very beneficial to any dietitian that deals with nutrition support. Jennifer and Emily look forward to sharing the information presented with the other dietitians at MUSC.

IBD Patient Education Day



Christine Martin,
MUSC Clinical Dietitian

Christine Martin MS, RD, LD presented *"Nutritional Issues in Inflammatory Bowel Disease"* at the patient forum of the South Carolina Gastroenterology Association's (SCGA) Update in Inflammatory Bowel Disease Event. This is an annual event hosted by SCGA which provides educational sessions simultaneously to IBD patients and physicians involved in the care of patients with IBD. After the presentation patients and their caregivers were better equipped to be proactive in their nutritional status, by identification of possible nutrition/medication interactions and adjustment of their diet based upon symptoms/ medications.

Outpatient Clinical Services

Charleston County Nurses Get Schooled in Diabetes



**Katherine Boyce, RD, LD
conducts presentation**

Outpatient pediatric endocrine dietitian, Katherine Boyce, RD, LD, presented to over sixty nurses employed by the Charleston County school district on Friday, October 23rd at Saint Andrew's Middle School.

The goal of the in-service was to update nurses on the standardized recommendations for optimizing blood sugar control of children living with diabetes who attend school in Charleston. The presentation outlined how to count carbohydrates using school menus and food models. Katherine demonstrated proper food portions using spoodles and scoops from the MUSC cafeteria.

Two additional speakers from the outpatient pediatric endocrine clinic also presented at the in-service. Sharon Schwarz, advanced practice nurse and certified diabetes educator and Elizabeth Brady, nurse practitioner discussed proper insulin administration and insulin pen protocols. Future in-services will be held on an annual basis.

Extra in your Ordinary Bake Sale

Hosted by the Dietetic Interns

Monday, November 9
11:00 – 2:00
ART lobby and MUSC

Looks good. Tastes good.
Mmm...Good

Proceeds support the dietetic
interns' attendance at the state
dietetic conference.



“Extra to your Ordinary” Bake Sale

November 9th

11:00am - 2:00pm

Ashley River Tower & MUSC

Want a delectable treat with an extra dose of healthy? The Dietetic Interns want to show you that eating healthy can still taste good. Your ordinary favorites will be prepared with an *extra ordinary twist*.

Please come enjoy a treat to help support the Dietetic Interns attendance at the S.C. Dietetic Conference. The 2-day conference in Columbia, SC is a great opportunity to learn the latest information related to nutrition and eating disorder patients, food safety, obesity prevention, and more.

Your support is greatly appreciated!

Food Service

Food Service Week Celebrated



Michele Anderson dishes up ice cream and cake for Antwaun Brown.

In October 1989, President George Bush announced the first annual "*National Health Care Food Service Week*," to recognize those who go above and beyond to make sure that everyone's dietary needs are met.

From the preparation to the delivery of foods in hospitals and other healthcare facilities, these professionals often work behind the scenes, but play an integral role in the nourishment of staff and patients.

The Sodexo management staff recognized the Food Service employees during Food Service week with an ice cream social, spicy wings, candy bags, and other treats.

We appreciate our Food Service employees!

FEED A FRIEND

Sodexo is conducting a massive nationwide food drive from Oct 19 through Nov 12! All local donations benefit the lowcountry food bank. Non perishable food items and cash donations are welcome - every dollar equals 1 pound! Donations will be accepted in the Cafeteria Tent at the University Hospital and at the Ashley River Tower Cafeteria daily between the hours of 2pm and 4pm (other times may be arranged by calling).

1st, 2nd, and 3rd place prizes will be given to the departments that donate the most food and cash! So "Dig Deep and Donate"!